Calm Your Canine

specialized music by Through a Dog's Ear - Vol. 3

The iCalmPet™ Mission

We believe auditory awareness helps everybody live more comfortably in a complex sensory world.

We create specialized music and sound recordings for dogs, cats, and the people who love them.

Worry and unease are soothed by calming tempos, warm sounds, and familiar patterns.

When we are calm, life feels sweeter, safer, and easier.

Why Music for Dogs?

Most pets live in unnatural environments. This causes sensory confusion and leads to poor health and unwanted behaviors. People can de-stress when life gets to be too much, but our animals don't do yoga or go to the movies! How can we help them live in a human-centric world? This question inspired us to research if music could restore balance for our furry friends.

Since 2000, clinical research has proven that auditory environmental enrichment calms a stressed nervous system. iCalmPet music is individually designed for canines and felines, based on research and supplemented by anecdotal feedback. We believe music for pets is an evolving artform, based on science.

iCalmPet music can be summed up in just two words—**simple sound**. This term refers to the psychoacoustic process of minimizing intricate auditory information through emphasis on tone, tempo, and pattern. The music by *Through a Dog's Ear* and *Through a Cat's Ear* is selected, arranged, and recorded to provide easeful auditory assimilation.

From puppies to elderly canines, iCalmPet music brings gentle comfort and calm to dogs and their households.

Uses for *Calm Your Canine*

General

- Home alone
- Crating
- Hyperactivity
- Bath time
- Expecting visitors
- General daily habitat

Health

- X-ray
- Operation room
- Pre- and post-surgery
- Rehab from injury
- Veterinary visits & stays

Sound Phobias

- General sound sensitivities
- Fireworks
- Thunderstorms
- Construction

Travel

- Doggie Daycare
- Dog boarding
- Hotel
- In the car
- While flying

Volume and Placement

We recommend playing our music for your dog at low to medium volume. Of course, it depends on the size of the room and your dog's proximity to the music source. But, in general, if you play *Calm Your Canine* music at full volume, it's too loud for your dog. It is best to set the music at a volume that is comfortable for all ears.

For dogs that are not chewers, we recommend leaving the sound source (for example, our iCalmDog Speaker your your portable music player) at their level where they can lay down next to it if they choose to. Placing it directly on top of their crate is also a good solution if applicable.

Introducing the Music to Your Dog

We suggest you initially play *Calm Your Canine* a few times when your dog is already calm, even when sleeping.
This allows your dog to associate the music with a positive, peaceful state of being. You may start on any track.
We redommend setting the tracks on auto-repeat so that the music plays in a continuous loop. The tracks on this album may be shuffled, however not all albums lend themselves to this function.

When you have done this at least three times, for a minimum of 30 minutes, you can proceed to play *Calm Your Canine* when your dog is exhibiting anxiety.
If the music doesn't settle or calm your dog at first, stop and use it several more times while s/he is not exhibiting anxiety.

Bahavior Changes to Observe

No two dogs are alike. Some dogs show extreme changes quickly, others show very subtle changes slowly.
Some dogs will lie down instantly and go to sleep upon hearing *Calm Your Canine*. Others will take longer with more repetition during calm times to find calm during stressful times.

Look for these signs of response to the music:

- Does your dog move closer to the sound source?
- If you have a barker, do they bark less or for shorter periods of time?
- If you have a sound sensitive dog, does s/he go from hiding under the bed during a thunderstorm to standing by your side without shaking?

These are all signs that you dog is responding well to the music and we highly recommend continued use. In addition, continue to also play *Calm Your Canine* during calm times. Bedtime works well, as the music tends to make people sleepy, too.

Calm Your Canine Tracks

Featuring music by *Through a Dog's Ear*

Total running time approx. 1:00:00

1.	Beethoven / Gertrude's Dream Walz	04:58
2.	Chaminade / La Lisonjera	07:10
3.	Brahms / Waltz Op. 39 No. 9	02:23
4.	Ilyinsky / Berceuse	02:41
5.	Gounod / Berceuse	04:26
6.	Gluck / Andante	02:24
7.	Mendelssohn / Venetian Gondola Song Op. 19, No. 6	03:39
8.	Karganov / Arabesque	04:06
9.	Tchaikovsky / Chanson Triste	04:18
10.	Debussy / Sarabande	06:03
11.	Faure / Après un Rëve	04:31
12.	Satie / Gymnopédie No. 1	03:34
13.	Satie / Gymnopédie No. 3	02:56
14.	Beethoven / Sonata Op. 27 No. 2 "Moonlight" Adagio sostenuto	08:05

iCalmPet Download Music Library

DOGS

Calm Your Canine Relieves stress, quiets sound phobias and stops barking	**iCalmDog Reggae** Fun, effective calming & great addition to classical offerings	**A Calm Variety** Add variety to your canine's playlist for a longer calming effect
Calm Your Puppy Calming music for young dogs *(6 wks–18 mos.)*	**Elderly Canine** Calming music designed for senior dogs	**Separation Anxiety** Helps relieve stress when alone *w/ intermittent music/silence*
Aggression Training program to calm reactive and fearful dogs	**In the Car** Keeps dogs relaxed and people alert	**Human-Animal Bond** Calms dogs while stimulating the human brain
Thunderstorms Trains dogs to remain calm with thunder	**Fireworks** Trains dogs to stay calm during fireworks	**City Sounds** Trains dogs to acclimate to urban sounds

CATS

Cat Calming Reduces feline anxiety	**Stimulation** Lively music for sensory enrichment	**Noise Phobias** Reduces fear of noises

PEOPLE

DeStress Slows brainwaves, heart rate and breath	**Focus** Supports focus and concentration	**Sleep** Lulls mind and body to deep sleep

Visit iCalmPet.com or Amazon for *iCalmPet's* complete Micro SD music library. We have audio programs for different stages of life, environments, and behaviors.

iCalmPet™

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